



WESTHOLME

PREP | SENIORS | SIXTH FORM



Name

Form

Tutor

House



WESTHOLME

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“A HEALTHY MIND IN A HEALTHY BODY”

MENS SANA IN CORPORE SANO

INSPIRED



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Introduction

All pupils in our INSPIRED Sixth Form are encouraged to become involved in the INSPIRED Diploma. The INSPIRED Diploma is a recognition of all of your achievements both inside and outside of the classroom and across key areas of the school.

It celebrates key 21st Century skills and abilities, rewarding those who show commitment and engagement to all aspects of INSPIRED Sixth Form life.

The areas of achievement are:

I

INDIVIDUAL ACADEMIC SUCCESS

N

NETWORKING COMMUNITY

S

SOCIAL EXPERIENCES

P

PERSONALISED 1:1 SUPPORT

I

INNOVATIVE LEADERSHIP PROGRAMME

R

RECREATIONAL OPPORTUNITIES

E

ENTREPRENEURIAL 21ST CENTURY SKILLS

D

DIPLOMA



Levels Of Achievement

There are four levels of achievement in the programme: Bronze, Silver, Gold and Platinum. In order to attain these levels, you will need to achieve and build up INSPIRED Diploma credits in each of the areas of achievement. It is important that you collect these credits from every section, not just one or two.

Bronze	At least 3 credits from each of the first 7 categories (does not need to include “Diploma”)
Silver	At least 6 credits from each of the first 7 categories (does not need to include “Diploma”)
Gold	At least 8 credits from each of the first 7 categories and 5 of the “Diploma” credits.
Platinum	At least 10 credits from each of the first 7 categories and 8 of the “Diploma” credits.

You must take the initiative by putting yourself forward and participate in as many activities offered at School as possible. For each Diploma level, you will receive a Bronze, Silver, Gold and Platinum INSPIRED badge to wear on your uniform.

You will discuss your progress in the INSPIRED Diploma with your Form Tutor in a Tutor Period.

The recipients of the Platinum Diploma will be rewarded with a place on our honours list for posterity.

Enjoy taking part and we wish you the best of luck in enjoying everything the INSPIRED Sixth Form has to offer!

Keeping Track Of Your Progress:

You can keep track of your progress in each of the categories throughout the year, using the tables below. Fill in the number of credits that you attain for each term and then add them up for your yearly total.

Year 12 Students

INSPIRED Category	Tutor Tracking													
Individual Academic Success														
Networking Opportunities														
Social Experiences														
Personalised 1:1 Support														
Innovative Leadership Programme														
Recreational Opportunities														
Entrepreneurial 21st Century Skills														
Diploma														
Date														
Tutor Signature														

	Bronze	Silver	Gold	Platinum
Date Award Achieved				
HOY Signature				

Keeping Track Of Your Progress:

4

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Diploma														
Date														
Tutor Signature														

	Bronze	Silver	Gold	Platinum
Date Award Achieved				
HOY Signature				

Individual Academic Success

Credit(s)
Sought 1:1 support from tutors regarding academic progress on at least 10 occasions.
Attending additional tutoring sessions outside of timetabled lessons.
Excellent homework record.
Achieve an 'Exceeding Expectations' for effort in each of your A Level Assessment Card.
Achieve a Subject Award for Year 12 at Prize Giving.
Attended career or subject specific workshops.
Attended open days or fairs.
Evidence of regular subscriptions to Academic podcasts.
Achieved your baseline target in each subject by the end of Year 12.
Evidence of targets set and fulfilled.
Completed training for entrance tests and intensive courses.
Attended every session of the Oxbridge programme/attended academic societies (eg. Law/Medsoc).
Regular attendance at an academic club/entered an academic competition.
Completed the EPQ/ESB/CSLA.
Achieved required grades in Year 13 Mock Examinations.
Achieved or gone above grades in Year 12 Mocks/Year 12 End of Year Exams.
Shortlisted 5 University or Degree Apprenticeship Courses on Unifrog
At least 3 examples of wider reading (books or academic journals or articles - give examples).
Completed at least 2 MOOC's on Unifrog
Attended at least one lecture (in person or virtual).
Watched at least 4 TED Talks.
Completed a course on Future Learn.

[illegible]

Networking Community

Credit(s)
Organised work experience placements.
Created contacts with local and national businesses through work experience, competitions, conferences, etc.
Utilised alumni and parental connections.
Attended 2 events hosted or attended by alumni, parents or business connections.
Attended the Beyond Westholme evening.
Taken part in the Mock Interview Networking Event.
Attended 3 guest speaker sessions.
Represented the school at events in the community.
Gained experience working at Westies.
Assisted in national charitable campaigns or Human Rights initiatives.
Attended an annual university admissions, careers and higher education fair.
Completed at least one virtual work experience on Springpod.
Taken part in the EPQ celebration evening.
Taken part in the Creative Arts Exhibition.
Completed volunteering outside of school (give details).
Completed Prep School Assistant Teaching in enrichment.
Supported at least 2 events in the Westholme calendar that welcomed an outside audience.

[illegible]

Social Experiences

Credit(s)
Attended the INSPIRED Sixth Form Team-Building Day.
Organised a school charity or fundraising event.
Organised a social event or competition for the INSPIRED Sixth Form.
Supported a Prep event.
Attended three school trips in the INSPIRED Sixth Form.
Attended a school trip abroad.
Nominated for an act of social justice.
Attended a challenge day.
Supported the Year 12 Induction Day for Year 11 students.
Taken part in 3 of the major House Events (Cross-Country, House Plays, Swimming Gala, Sports Day).
Taken part in 3 House Events outside of the major events listed above.
Run or taken part in an academic society.
Attended an educational trip in the UK.
Attended an educational trip abroad.
Attended the Christmas Markets trip.
Run a stall at the Westholme Association Christmas or Spring Fairs.
Undergone work experience and work placements during the holidays.

[illegible]

Personalised 1:1 Support

Credit(s)
Attended mentoring sessions periodically with INSPIRED Sixth Form tutor.
Attended mentoring sessions with Head of INSPIRED Sixth Form or HOY 12/13.
Attended ongoing additional 1:1 tutoring sessions with subject teachers.
Led a mentoring/coaching session for younger students in Years 7 – 11.
Utilised the Careers Adviser for support with Higher Education.
Produced a final draft of a personal statement, following guidance from tutors.
Completed the mock interview process.
Taken part in the UCAS Information and Higher Educational planning day.
Attended lectures on A Level subjects or topics.
Supported peers as mentors, pastorally and/or academic.
Attended Academic Clinics
Received coaching for public speaking
Attended 1:1 music or drama lesson
Received 1:1 personalised support for personal reason
Supported Prep with Maths, English or another academic club
Completed the EPQ
Completed the CSLA
Completed the BSL and deaf awareness course.
Completed Delectable Dishes Diploma.

[illegible]

Innovative Leadership Programme

Credit(s)

Volunteered as a member of the Shadow Executive.

Gained a position in the Student Executive.

Gained a position as a member of the INSPIRED Sixth Form Leadership Team.

Gained a position as a Subject Captain.

Completed the Mentoring Initiative.

Led an academic club.

Led a co-curricular club or society.

Assisted staff in the running of a club.

Assisted staff in the running of an activity.

Assisted a department or volunteered as a tour guide at Open Evening.

[illegible]

Innovative Leadership Programme (continued)...

Created and delivered a whole school assembly.
Led at least 5 tours for prospective families.
Taken up a leadership role in Westies.
Volunteered within the local community.
Been involved in charitable leadership through the Charity Team.
Directed or choreographed a performance for the Westholme Stage.
Maintained a leadership role in a sports team.
Led campaigns as part of the Amnesty Human Rights Group.
Been part of the Digital Leaders group.
Completed the Community Sports Leadership Award (CSLA).
Completed a specific leadership task/roll
Been a member of the Student Council or Food Council.
Taken part in the lecture series enrichment programme.

[illegible]

Recreational Opportunities

Credit(s)
Taken part in outdoor adventures including rock climbing, canoeing, mountain biking and trekking, ice skating.
Taken part in the Science Olympiad Competition.
Completed the UKMT Sixth Form Maths Challenge.
Competed in subject-specific academic competitions (local, national, global - give details).
Taken part in 4 separate enrichment activities (give details).
Completed qualifications in LAMDA.
Completed qualifications in Music.
Completed the English Speaking Board qualification.
Taken part in a campaign with the Amnesty Human Rights group.
Represented the school in sport.
Regularly attended practices for sports, creative arts or performing arts.
Represented the school in a show.
Regularly attended a club.
Completed 'Delectable Dishes' Diploma/taken part in Ice Skating/Rock Climbing/Golf.
Taken part in 2 UK based trips.
Taken part in at least 1 trip abroad.
Been part of at least 2 co-curricular clubs (give details).

[illegible]

Entrepreneurial 21st Century Skills

Credit(s)
Been successful in a position within Westies.
Taken the lead with a project inside or outside of school (give details).
Choreographed/Produced performing arts pieces for a major school show.
Completed a course within the Scholarship Programme.
Demonstrated consistent organisational skills.
A standout moment when you took the initiative in a certain way (give details).
Improved presentation and public speaking skills through the English Speaking Board.
Consistent improvement in confidence.
Competed in financial, technology and engineering challenges.
Shown an aptitude to be adaptable and flexible in your approach to a certain task.
Enlisted in work experience opportunities in real-world business settings (give details).
Delivered a presentation on your EPQ project to a wide audience.
Demonstrated outstanding communication skills for a certain task.
Demonstrated four 21st Century Skills per A Level subject.
Given a presentation to a large audience on the Croston Theatre stage.
Gained an additional qualification beyond your a Levels (give details)
Taken part in Debating.
Taken part in at least 3 community or networking events (give details).
Taken part in at least 2 clubs or societies.
Run an academic society.

[illegible]

Diploma

Credit (s)
Completion of UCAS forms and applications for university, apprenticeships or employments.
Participated in a minimum of 3 focused work experience opportunities in your chosen field.
Completed volunteer work in your chosen field (give details).
Completed wider reading of at least 6 different scholars in your field (give details).
Supported younger member of the school in an established club, activity or event.
Developed a club, event or opportunity and managed the effective running or completion throughout.
Developed links with alumni at your chosen university / in your chosen field.
Completed the mock interview process.
Completed leadership roles effectively.
Demonstrated professionalism at all times in appearance.
Demonstrated academic professionalism in your approach to independent learning.
Shown the Westholme qualities of kindness, courtesy and altruism.
Perform as the consummate Westholmian role model and example to all students.
Signed up to Westholme Family Alumni website and Facebook Group (Y13 only).
Give a justified reason explaining how you have made a valuable mark on the Westholme community (Y13 only).
Achieved the Gold INSPIRED Diploma.
Completed at least 4 lectures, webinars or educational visits.
Supported your peers or members of the wider Westholme family (give details).
Made your mark on the school (give details).

[illegible]

Additional Evidence

Please use the table below to record any instances where you achieve additional credits to the ones identified above:

Area of Achievement	Details of additional opportunities where credits may be considered...	Signed off by Tutor
Individual Academic Success		
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